



## Part 1: #WhenToPray

### INTRODUCTION

Our church mission is to lead people into a growing relationship with Jesus. But honestly for many of us, our relationship with God is not very “relational.” Healthy relationships include healthy communication. This is why we are doing this series. We want to help you grow in your communication with God and thus ultimately grow your relationship with Him. Know this at the outset, almost every Christian you know feels like they don’t pray as often or effectively as they should. It’s rare that someone feels like an expert in this area. We encourage you to be authentic and vulnerable in this conversation. Let’s grow in this together!

### DISCUSSION QUESTIONS

1. What was prayer like in your home growing up? Who prayed? When did they pray? What did they pray about?
2. Who taught you about prayer? What did you learn that’s helpful?
3. Do you have a set time that you pray? Have you ever had one? What keeps you from having a set time more consistently?
4. Did you read the “prayer for beginners” article that AC posted on their Facebook page?
5. What do you do say/do when you pray? What works for you and what doesn’t?
6. How does it impact your perspective to think of Jesus as a High Priest who understands your pain/challenges? What difference does it make that He feels your pain with you?
7. How does it help you to view God’s presence as a “throne of grace?” How could you keep this mindset?
8. How can this group help you grow in prayer?

### CHANGING YOUR MIND

*This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin. So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most.*

**-Hebrews 4:15-16**