



PART 1: JOSH JONES

INTRODUCTION

We all have regrets in our life. And when we think about them, we can feel ashamed or embarrassed. If we take the time to process it, we probably conclude that God is embarrassed or ashamed about us too. So the question is, what do we do with this?

DISCUSSION QUESTIONS

1. Can you think about a time in your life when you felt like you disappointed your parents, a coach, a teacher or someone else in your life?
2. When have you felt that you disappointed or made God angry at you?
3. During the message, Josh said, "If you could hear God speak right now, this is what he would tell you..."

I love you. I'm proud of you. I'm not disappointed in you. You are beautiful. You are of great value to me. I love giving you good things. I hurt when you are hurting. I'm not angry with you. You don't have to have it all together. I like you just the way you are.

Do you find this hard to believe? Why or why not?

4. Do you agree with the statement "To give love to you, I must first receive God's love for me? Why or why not?"
5. How could it change your life if you consistently live in the reality that God loves you, just like you are, no matter what?

MOVING FORWARD

We might think, "So what do I do now?" And that's exactly the problem. You don't **DO** anything. You recognize that it's already done. Every mistake, every sin, every failure that you've ever experienced or ever will experience in the future is a non-issue. It has **NOTHING**- absolutely- **NOTHING**- to do with how God sees you. All we have to do is rest in this truth.

CHANGING YOUR MIND

We love each other because he loved us first.

1 John 4:19